

CARMEL CLARION



OCDS NEWSLETTER

Eastern Regional Office

THE COMMON

182 Old Street Road

Peterborough NH 03458-1644

VOLUME XI, NO. 1

MAY-JULY 1995

EASTER GREETINGS FROM YOUR
PROVINCIAL DELEGATE:
FATHER PATRICK FARRELL OCD

Teresa of Avila says "I'm not asking you to do anything more than look at Him." (Way Ch 26 n 3). Are you trying too hard to be a person of prayer? There is an easier way: Teresa of Avila, Therese of Lisieux, and Teresa of the Andes: LOOK AT HIM.

Dear Brothers and Sisters of the Secular Order,

May you receive many blessings during the Easter season! For some people Easter comes and goes in a matter of hours. For informed Catholics the resurrection of Jesus from the dead is too big an event to finish the celebration that quickly. So, it takes several weeks. And I pray that our Lord gift you with many blessings the whole Easter Season! And then some.

Sometimes, blessings come as crosses.

St Teresa of Avila, in her *life* mentions that special favors in prayer also seem to be accompanied by many crosses. They must go together. She points out that some of the other Nuns were asking, "Who do you think you are to talk about prayer? There are these other Sisters older and holier than you!" But we know what they did not--that God was showering both prayer graces and crosses on her. And, what about Jesus' treatment of you?

On my part, I find myself becoming apprehensive when I receive consolations in prayer; around the corner come the trials.

Speaking of "around the corner, since Jan. 1st I turned many corners in the few hundred short of 10,000 car miles I travelled in visiting (in 1995) 25 OCDS groups before Easter. (In all 1994 I visited 19.) In March and April I wrote 90 letters in-between meetings--only to return to about 20 phone messages and 150+ letters to answer. So, I ask your patience.

--Fr. Pat Farrell, OCD



"Patience gains all"--except fast responses.

St. Therese of the Infant Jesus and the Holy Face, showing how she "looked" at Him.

Why pray the hard (and often useless) way? Follow Teresa of Avila, Therese of Lisieux, and more recently, Teresa of the Andes, and LOOK AT HIM, AT JESUS. I am sharing with you a quote from Teresa of the Andes. It is found in the Carmelite Supplement to the office. (ICS Publications, 2131 Lincoln Rd, NE, Wash. DC 2002, \$25 + p/h while available). Isn't Teresa of the Andes a true daughter of Teresa of Avila?

JESUS ALONE is beautiful; he is my only joy. I call for him, I cry after him, I search for him within my heart. I long for Jesus to grind me interiorly so that I may become a pure host where he can find his rest. I want to be athirst with love so that other souls may possess this love. I would die to creatures and to myself, so that he may live in me.

Is there anything good, beautiful or true that we can think of that would not be in Jesus? Wisdom, from which nothing would be secret. Power, for which nothing would be impossible. Justice, which made him take on flesh in order to make satisfaction for sin. Providence, which always watches over and sustains us. Mercy, which never ceases to pardon. Goodness, which forgets the offenses of his creatures. Love, which unites all the tendernesses of a mother, of a brother, of a spouse, and which, drawing him out of the abyss of his greatness, binds him closely to his creatures. Beauty which enraptures . . . what can you think of that would not be found in this Man-God?

Are you perhaps afraid that the abyss of the greatness of God and that of your nothingness cannot be united? There is love in him. His passionate love made him take flesh in order that by seeing a Man-God, we would not be afraid to draw near him. This passionate love made him become bread in order to assimilate our nothingness and make it disappear into his infinite being. This passionate love made him give his life by dying on the cross.

Are you perhaps afraid to draw near him? Look at him, surrounded by little children. He caresses them, he presses them to his heart. Look at him in the midst of his faithful flock, bearing the faithless lamb on his shoulders. Look at him at the tomb of Lazarus. And listen to what he says of the Magdalene: "Much has been forgiven her, because she has loved much." What do you discover in these flashes from the Gospel except a heart that is good, gentle, tender, compassionate; in other words, the heart of a God?

He is my unending wealth, my bliss, my heaven.

If someone tells you they are having trouble with prayer. . . "I cannot pray the way I want, where I want, and when I want," it may be time to recommend the person go to prayer to please Someone else. Teresa of Avila liked to picture Jesus in need of consoling. Why not give Him a few minutes?

St Teresa of Avila also tells us that if one form of prayer is not working, to try another--and she uses the illustration of watering a garden. If it is raining, fine and good. But if there is a drought, it is time to hook up the hose or haul the watering cans of meditation, not tell God to get busy and do something.

Some very practical advice can be found in Fr Gabriel's *Little Catechism of Prayer*. You can purchase the 51 page booklet by writing to The Carmel of Maria Regina, 87609 Green Hill Road, Eugene, Oregon 97402.

The NINTH SUMMER SEMINAR ON CARMELITE SPIRITUALITY (June 18th-23rd) has for its theme Spiritual Direction in the Carmelite tradition. The 1995 speakers are Kevin Culligan, OCD, Margaret Dorgan, DCM, and Keith J Egan. For further details: Sr Rose Anne Schulz, CSC, Center for Spirituality, St Mary's College, Notre Dame, IN 46556-5027 or phone: 219-284-4636.

Information and a brochure about a variety of retreats here in June, July, and August at our Peterborough, NH, retreat house "The Common" can be obtained by writing to the address listed on the front or back page of this *Clarion*. #603-924-6060

On May 19, 20, 21, 1995, Fr William Healy, OCD, is offering a retreat on *The Presence of God in the Daily Life of the Carmelite*. The retreat will be in Hampton, VA. For details: Susan Sproull, OCDS, 1694 8th St, Langley AFB, VA 23665. (Phone: 804-865-6676)

Some Secular Order groups prefer to schedule a retreat for just their own group; others are open to Isolates and others who cannot attend their "local" retreat for some reason. If you know about your retreat far enough in advance and it is open to other OCDS members, I will mention it, if I can. Isn't this a form of "group apostolate"?

Certificates mentioned in an earlier *CLarion* (8 1/2 x 11) are available HERE. However, state whether the certificate is for the 3-yr Promise, the Life Promise, or the Vows. And, how many of each? Cost: .25 ea + postage.

READ THE RULE AND STATUTES

Notice words like normally, for a good reason, as far as possible, etc.

In one case a prospective candidate attended four meetings, then was unable to attend the fifth because of sickness. So she had to start over again. This second round she attended five meetings, then had to attend a funeral of a family member. She should not have had to start over again for a third round, if the OCDS leadership had noticed the word normally. The Local Statutes say "sufficient contact is normally understood to entail aspirant's attendance at six consecutive meetings of the Community".

Likewise, a paraplegic, who cannot hold a book certainly has a just cause for substituting "other prayers" for the Office! No special dispensation is needed.



WHAT STATES BELONG TO THE USA CENTRAL JURISDICTION? Alabama, Arkansas, Colorado, Iowa, Kansas, Louisiana, Mississippi, Missouri, Nebraska, New Mexico, North Dakota, Oklahoma, South Dakota, Tennessee, and Texas.

At present, Fr. Sam Anthony Morello, OCD, is the Central region's Provincial Delegate for the State of Texas and the Isolates. Fr. John Michael Payne, OCD, is the Central region's Provincial Delegate for the rest of the above-mentioned states.

On page seven of this *Clarion* you can find information about their regional Congress this October. They extend an invitation to you to attend, whether you live in the central USA region or not.

Once in a while something new happens. On March 21, 1995 Frederick J Eccles, OCDS passed to the next life. He and his widow Jane had made their life Promise in Dec. of 1994 as members of the Mother of Sorrows OCDS Community of Stamford, CT.

His obituary read at the end: In lieu of flowers, memorial donations may be made to the Secular Order of Discalced Carmelites, 182 Old Street Rd, Peterborough, NH 03458-1699.

Instead of self-pity, a truly self-forgetful generosity! Thank you, Jane, and family!

ORDER OF OUR LADY OF MOUNT CARMEL

SECULAR CANDIDATE FORMATION SYLLABUS

Due to increased prices of both printing and postage, the cost for the *Carmelite Candidate Formation Syllabus* is now \$6, with 10% discount for 5 or more books. P & H is \$2.00 per book. Make checks payable to Frederick OCDS. Send to Peggy Wilkinson at the address below.

REMINDER:

As Secular representative for the Eastern Province, I invite Communities to send me any topics they believe should be discussed at the annual Secretariat meeting scheduled for the 17th OCDS Regional Congress.

Peggy Wilkinson, OCDS
808 Dunbrooke Court
Frederick, MD 21701

The Spiritual Assistant for the Frederick OCDS group is Bro Bryan Paquette, OCD. On June 5, 1981, the Father General gave his okay to our then Provincial Benedict Bishop, OCD, for him and his Provincial Delegate of the Eastern jurisdiction USA to appoint a non-cleric member of our Province to serve the Secular Order as a Spiritual Assistant. We have a number of qualified Brothers who can share Teresian Carmelite spirituality with the OCDS. Pray that more of them will accept this challenge. Understandably, the Brother will not celebrate Mass. But...he can be of much help.

DISCALCED


CARMELITE

MAY 1995

SECULAR

ORDER

CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <i>St. Joseph the Worker</i>	2 <i>St. Athanasius</i>	3 <i>SS. Philip & James</i>	4	5 <i>First Friday</i> <i>Cinco de Mayo</i> <i>St. Angelus, Priest</i> <i>Martyr</i>	6 <i>First Saturday</i>
<p>HUMILITY drew the King from heaven to the womb of the Virgin, and with it, by one hair, we will draw Him to our souls. And realize that the one who has more humility will possess Him more; and the one who has less will possess Him less. For I cannot understand how there could be humility without love or love without humility; nor are these two virtues possible without detachment from all creatures.</p> <p style="text-align: right;">Way of Perfection 16:2 St. Teresa of Jesus</p>						
7 <i>4th Sunday of Easter</i> <i>32nd World Day of Prayer for Vocations</i>	8 <i>Bl. Aloysius Rabata, Priest</i>	9	10	11	12 <i>SS. Heres & Achilleus</i> <i>St. Pancras</i>	13 <i>Our Lady of the Blessed Sacrament</i>
<p>.....God alone moves these souls toward those works that are in harmony with his will and ordinance, and they cannot be moved toward others. Thus the works and prayer of these souls always produce their effect. Such was the prayer and work of Our Lady, the most glorious Virgin. Raised from the beginning to this high state, she never had the form of any creature impressed in her soul, nor was she moved by any, for she was always moved by the Holy Spirit.</p> <p style="text-align: center;">Ascent 2:10 St. John of the Cross</p>						
14 <i>5th Sunday of Easter</i> <i>Mother's Day</i>	15 <i>St. Isidore the Farmer</i>	16	17	18 <i>St. John I</i>	19	20 <i>St. Bernardine of Siena</i> <i>Armed Forces Day</i>
<p>If we wish to observe a picture of the spouse and mother in its most genuine development we must contemplate Mary Immaculate. At the center of her life is her Son. She awaits His birth in blessed serenity, she protects His childhood, follows Him on His way closely or at a distance, as He wishes; holds His dead body in her arms; carries out His will after His departure. But all this she accomplishes not as something her own: she is the handmaid of the Lord and she does what God has requested.</p> <p style="text-align: center;">Woman 54A Sr. Benedicta of the Cross</p>						
21 <i>6th Sunday of Easter</i>	22 <i>Victoria Day (Canada)</i> <i>St. Joachina De Vednuna De Ma, Religious</i>	23	24	25 <i>Ascension of the Lord*</i> <i>Holy Day of Obligation</i> <i>(St. Mary Magdalen De Pazzi, Virgin)</i>	26 <i>St. Philip Neri</i>	27 <i>St. Augustine of Canterbury</i>
<p>When you are suffering, gaze at your Sorrowful Mother holding the dead Jesus in her arms. Try to share her pain. There is nothing that compares with it. It is her only Son, dead, destroyed by sinners. And at the sight of the bloodied body of your God, and the tears of your Mother Mary, learn to suffer by being resigned, and learn to console the Most Holy Virgin by weeping for your sins.</p> <p style="text-align: center;">Cartas or Letters 150 St. Teresa of the Andes</p>						
28 <i>7th Sunday of Easter</i>	29 <i>Memorial Day observed</i>	30	31 <i>Visit of the Virgin Mary to Elizabeth</i>			
<p>The Blessed Virgin Mary is present in a very special way in the life of Carmelites. She is, first of all, their model of listening to the Lord and serving Him. She is also Mother of the whole Order, which enjoys her special patronage.</p> <p>The Secular Carmelite's interior life must be permeated by an intense devotion to Our Lady.</p> <p style="text-align: center;">Article 7 Rule of Life</p>						

DISCALCED


CARMELITE

JUNE 1995

SECULAR

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CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 St. Justin	2 SS. Marcellinus & Peter First Friday	3 SS. Charles Lwanga & his companions First Saturday
<p>Those who in fact risk all for God will find that they have both lost all and gained all. St. Teresa of Jesus - Life 16:7</p>						
4 Pentecost Sunday	5 St. Boniface	6 St. Norbert (9th Week in Ordinary Time)	7 (Bl. Anne of St. Bartholomew)	8	9 St. Ephrem of Syria	10 B.V.M.
<p>God is very pleased to see a soul that humbly takes His son as mediator and that loves this Son so much that even when His Majesty desires to raise it to very lofty contemplation, as I have said, it is aware of its unworthiness, saying with St. Peter: "Depart from me, Lord, for I am a sinful man." St. Teresa of Jesus - Life 22:11</p>				<p>You will never be commonplace if you are vigilant in love! But in the hours when you feel only oppression and lassitude, you will please Him even more if you faithfully believe that He is still working, that He is loving you just the same, and even more: because His love is free and that is how He wants to be magnified in you; and you will let yourself be loved "more than these." St. Elizabeth of the Trinity - Let Yourself Be Loved Text 6</p>		
11 The Holy Trinity Eastern Orthodox Pentecost	12 (10th Week in Ordinary Time)	13 St. Anthony of Padua	14 Flag Day	15	16	17 B.V.M.
<p>To purge the will of its desire and vain joy in these objects and direct it to God, you should strive in your prayer for a pure conscience, a will that is wholly with God, and a mind truly set on him. St. John of the Cross - Ascent 40:2</p>				<p>I will not pass up any opportunity where I can speak a pleasant and agreeable word to others, nor will I repress smiles which can please others with whom I deal. St. Teresa of the Andes - Spiritual Resolutions</p>		
18 The Body and Blood of Christ Father's Day	19 St. Romuald (11th Week in Ordinary Time)	20	21 St. Aloysius Gonzaga	22 St. Paulinus of Nola SS. John Fisher & Thomas More	23 Sacred Heart of Jesus	24 Birth of St. John the Baptist
<p>Each time I met her I prayed to God for her, offering Him all her virtues and merits. I felt this was pleasing to Jesus, for there is no artist who doesn't love to receive praise for his works, and Jesus, the Artist of souls, is happy when we don't stop at the exterior, but penetrating into the inner sanctuary where He chooses to dwell, we admire its beauty. St. Therese of Lisieux - Story of a Soul p.222</p>						
25 12th Sunday in Ordinary Time	26	27 St. Cyril of Alexandria	28 St. Irenaeus	29 SS. Peter & Paul	30 First Martyrs of the Church of Rome	
<p>Spiritual persons incur many kinds of interior and exterior harm by their desire to get sensible delight from the use of devotional objects. As for interior harm, one will never reach inward recollection of spirit, which consists in passing beyond all these sensory delights, making the soul forget them, entering into the living temple of spiritual recollection, and acquiring solid virtue. St. John of the Cross - Ascent 41:1</p>						

DISCALCED

CARMELITE

SECULAR

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CALENDAR

JULY 1995

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 Blessed Junípero Serra
B.V.M.
First Saturday
Canada Day
The soul that
walks in love
neither rests
nor grows tired.
John - MAXIMS

2 13th Sunday in Ordinary Time

3 St. Thomas

4 St. Elizabeth of Portugal
Independence Day

5 St. Anthony Mary Zaccaria

6 St. Maria Goretti

7 First Friday

8 B.V.M.

To adore God in truth is to acknowledge that we are completely the opposite to Him and that He wishes very much to make us like Him if we wish it; who would be so imprudent to withhold even for a moment the respect, the love, the service and the continual adoration we owe Him?

Br. Lawrence of the Resurrection - SPIRITUAL MAXIMS

Wisdom enters through love, silence, and mortification. It is great wisdom to know how to be silent and to look at neither the remarks, nor the deeds, nor the lives of others.

ST. John of the Cross - Maxims

9 14th Sunday in Ordinary Time

10

11 St. Benedict

12

13 St. Teresa of
Jesus of the Andes

14 Blessed Katéri
Tekakwitha

15 St. Bonaventure

The right of self-determination is an inalienable property of the soul. It constitutes the great mystery of personal liberty, before which God Himself halted. Edith Stein (Science of the Cross. 182)

Like the phoenix - according to what I have read - which after it is burned rises again from the same ashes, so afterward the soul becomes another, with different desires and great fortitude. It doesn't seem to be what it was before, but begins to walk on the Lord's path with new purity. St. Teresa of Jesus - LIFE - 39:23

16 15th Sunday in Ordinary Time

(Our Lady of Mt Carmel)

17 Bl. Teresa of St. Augustine & Companions
Martyrs, 1794

18

19

20
St. Elijah, Prophet

21 St. Lawrence of Brindisi

22 St. Mary Magdalene

What can be more agreeable to God than to withdraw thus many times a day from the things of man to retire into ourselves and adore Him interiorly; in addition these interior retreats to God gradually free us by destroying that self love which can exist only among our fellow human beings. Br. Lawrence of the Resurrection

Your Heart will be the altar of this, my consummation in You O my God; and You will be the priest who will immolate this victim in the fire of Your holy love!
St. Teresa Margaret Redi

23 16th Sunday in Ordinary Time

Our Lady, Mother of Divine Grace

30 17th Sunday in Ordinary Time

24 Bl. Maria Pílan, Teresa, and Maria Angeles
Martyrs 1936.

31 St. Ignatius of Loyola

25 St. James

26 SS. Joachim & Ann

27

28

29 St. Martha

The activity by which the soul assimilates the contents of faith, is meditation.
Edith Stein (Science of the Cross. 136)

God will be more glorious in His mercy, the more vile and contemptible I am in my nothingness, in my sins, and in my weaknesses.

St. Teresa Margaret Redi

Blessed is he who, setting aside his own liking and inclination, considers things according to reason and justice before doing them.
St. John of the Cross - MAXIMS 42

OCDS Communities generally responded that their members were heavily involved in the life of the Church and individual apostolates, but *as a group* they were incapable of an apostolate. Members were too spread out geographically.

The Flint, MI, group plans to send a tape of their monthly conference to help the Bradenton, FL group. Isn't that a group apostolate?

Do you tape your conferences? Do you share them with the less fortunate, Members who were unable to attend--or other groups? If you feel you are on the less fortunate side, write and let me put you on the list. If your group is wealthy in resources. . . why not a *real* group apostolate of sharing? Maybe I can match the fortunate with the less so. Help me help. We must have dozens of experienced Formation Directors--and dozens of new ones that can use some help.



OCDS 17TH REGIONAL CONGRESS

Central Province • October 5th - 8th, 1995 • Radison Hotel • Austin, Texas

WHEN: Registration Desk opens at 2:00 P.M. on Thursday, October 5, 1995.

PLEASE NOTE: *Our first function will be the celebration of the Eucharist at 5:00 P.M. on Thursday. Our concluding function is a luncheon at noon on Sunday following mass.*

COST: \$195 per person and includes all meals except the evening meal on Friday. This fee does NOT include hotel accommodations. You may send your registration fee any time with the name of the person(s) registering, and address to:

OCDS CONGRESS
C/O Rev. Mr. Tim Graham, OCDS
6503 Halsey Court
Austin, Texas 78739

For hotel reservations and payment arrangements at the Radison Hotel call 1-800-333-3333. Hotel rates are \$65 for single occupancy and \$70 for triple or quadruple occupancy. These are special rates so you will have to tell them that you are attending our Congress.

The hotel is in downtown Austin, on Congress Avenue and First Street, right on the lake with hike and bike trails and many off site points of interest. We have only a limited block of rooms available, so early reservation will ensure you can be on site for the Congress. Speakers are from across the country and across the sea, and special presentations are sure to delight you and your non Carmelite companions.

OCDS Congress Registration:

(Make checks payable to: OCDS Austin, Texas)

Name _____

Address _____

City _____ State _____ Zipcode _____

Phone _____

_____ \$195.00 per person

_____ \$35 deposit per person, non refundable, due by August 1, 1995.



SEND COMPLETED FORM TO:

OCDS CONGRESS
C/O Rev. Mr. Tim Graham, OCDS
6503 Halsey Court
Austin, Texas 78739

Fr. Steven Payne, OCD, is the newly elected Superior of the Washington, DC, monastery. But, he has another new job as well.

"As the returning editorial director of ICS Publications, I am trying (with a very limited budget) to increase the number of Carmelite books we publish. If you have a background in editing or desktop publishing, and would like to help, please send a letter and resume to: Fr. Steven Payne, OCD, ICS Publications, 2131 Lincoln Rd, NE Wash. DC, 20002. Knowledge of PageMaker a plus."

LAST CHANCE and bargain price for 1994 Congress tapes: you can obtain the 13 tape album for \$55.00 (incl. postage)! Make checks out to 94 OCDS TAPES c/o BOB BERN and send your request to:

Bob Bern, OCDS
BOX 0402

Louisville, KY 40204-0402

The deadline is June 25, 1995.

WHERE DO YOU GET OCDS SCAPULARS?

You may be fortunate and obtain them at a nearby monastery of Nuns or Friars. The most authentic 7" x 9" OCDS Scapulars can also be obtained from the Carmelite Nuns at 8251 Demontreville Tr N, Lake Elmo, MN 55042 (Phone: 612-777-3882).

If you want to sew your own OCDS Scapulars. . . , I will sell you @ \$11.00 a yard plus postage very rich, dark brown woolen Scapular material (50" wide). This was the cost to me, here at the Eastern Regional Office.

Some OCDS groups, (to the horror of St. Teresa of Avila!) embroider their Scapulars in the Spanish/ Mexican tradition--not for Nuns, but for Seculars. (I have not yet met Nuns or Friars with embroidered Scapulars.

I do not get upset by a few extra threads! Just do not ask me whether the shield of the Order or AM (for Mary) goes in front or in the back. I'm sure Our Lady doesn't care. It is the brown cloth under the embroidery that speaks of your commitment to Carmel and its ideals, to Jesus, to Mary, and the life of prayer.

A few more questions to apply Teresa of Avila's *Way Of Perfection* to your life:

(Cf chap. 8, n. 2):

- C) Has the Lord taken a "roundabout" way to bring you closer to Him?
- D) From past experience, by what ways might you lose whatever closeness to Our Lord you presently enjoy?
- E.) Have you met anyone who would live to have your vocation, your closeness to Our Lord, or your faith-life?

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