



OCDS Formation Program
Province of the Immaculate Heart of Mary

The purpose of formation is: “to prepare the person to live the charism and spirituality of Carmel in its following of Christ and in service to its mission” (Const. 32), and “the preparation of individuals inspired by the Holy Spirit to live a spiritual life according to the principles of Discalced Carmelite spirituality.” (Ratio #6)

Each person in formation must be evaluated individually to take into consideration the circumstances of her/his life and where s/he is in their spiritual journey against the demands of the Secular Carmelite vocation. “The purpose is to ‘prepare the person.’ The stress on the person who is to be prepared helps the formation community understand that the process must be directed to the individual in a concrete way. The people who come to the Secular Order of Carmel are, with few exceptions, people who have many commitments, especially with families and with work. The program of formation must be flexible enough to adapt to the circumstances of each person who is to become a member.” (Ratio #5)

“Good formation depends on good information. At the same time it must be clear that formation is distinct from information. The primary role of the persons responsible for formation in the Secular Order community is to accompany those in formation to help them put into practice what they learn through the process of formation. The information they are given through reading and classes is meant to be a help to the person’s spiritual growth.” (Ratio #7) The goal of formation thus goes beyond informational learning to gradual personal transformation that leads to evangelical service. Finding ways to practically apply formation teaching, according to the circumstances of the individual and the local community, is an important aspect of each community's formation program.

It is the role of the teacher, the Director of Formation and the local Council to provide help and guidance to the candidate in discerning his/her vocation. It is important to make sure the candidate understands that acceptance in the Order is a mutual discernment process and that the local Council has the final authority to accept a person or move them on to the next stage of formation. The community also has a responsibility to get to know the candidate in order to aid in the discernment process and to see if the candidate can/will contribute in a positive way to community life.

The General Definitory of the Order has prepared the Ratio Institutionis to assist the Secular Order with the important task of formation. The Ratio was approved by the Generalate in September 2009 and is a document which seeks to present the fundamental principles that guide the process of formation and the philosophy behind the formation of the members of the Order. It is not a program of formation. Each jurisdiction of the Order is responsible for the design and implementation of its own formation program. The Ratio presents the guiding principles of formation for the entire Secular Order and can be found on the Washington Province OCDS website.

The Ratio presents the following Essentials of Formation:

Human Formation develops our:

- *ability for interpersonal dialogue, mutual respect and tolerance*
- *readiness to the possibility of being corrected and to correct others with serenity*
- *capacity to persevere in our commitments*

Christian Formation enhances our:

- *capability to receive the necessary theological foundation by means of the Catechism of the Catholic Church and Church documents*
- *appreciation of our baptismal consecration*
- *zeal for conversion, Christian commitment and holiness of life*
- *fervor to live the demands of following Jesus by taking part in His saving mission in unfolding our prophetic, kingly and priestly calling*

Carmelite Formation confirms our Carmelite identity in the:

- *study and spiritual reading of the Scriptures and in the practice of Lectio Divina*
- *importance of the liturgy of the Church, especially the Eucharist and the Liturgy of the Hours*
- *spirituality of Carmel, its history, the writings of the Order's Saints*
- *formation in prayer and meditation*
- *formation for the apostolate based on the teaching of the Church and on understanding our role as Seculars in the apostolate of the Order*

It should be emphasized that formation is an ongoing, lifetime process in the life of the Secular Carmelite and an ongoing communal and individual responsibility.

Visitors: Introduction to the Order

Anyone contacting a Community for the purpose of exploring the nature of the Secular Carmelite Vocation and/or seeking to attend one or more meetings falls into the category of Visitor. At this stage, the Community should follow these guidelines:

1. Provide a **Vocation Brochure** containing:
 - a. The name of a contact person
 - b. An outline of the Carmelite vocation as well as the Marian character of the Order
 - c. A brief history of the Order
 - d. Membership requirements as set forth in the Provincial Statutes
 - e. Main obligations of members
 - i. Half hour of mental prayer daily
 - ii. Daily recitation of Morning and Evening Prayer
 - iii. Participation in daily Mass (when possible)
 - iv. Practice of daily devotion to Mary
 - v. Participation in the apostolate of the community
2. The Visitor may be invited to a **restricted visit**, defined as a visit that does not include admission to any formation classes.
3. After attending a minimum of three meetings, the Visitor may be invited by the local Council (hereafter referred to as the Council) to apply to enter the initial period of introduction to the Order in the next available Aspirancy class. For serious reasons the Council may shorten the three-meeting requirement. During the visitation period, there is no obligation or commitment on the part of either the Visitor or the Community.
4. If invited to apply for admission to Aspirancy, the candidate must complete the application form and present the required documentation in accordance with the Statutes (p. 29, #2). After completing the application process the applicant will be interviewed by at least two members of the Council.

The interview shall include a review of the candidate's understanding of:

 - a. the requirements for membership
 - b. the obligations of an OCDS member
 - c. discussion of the candidate's spiritual journey and what led them to Carmel
5. Upon approval of the Council, the applicant may be admitted to the period of Aspirancy.

Aspirancy

Preparation for reception of the ceremonial Brown Scapular

Goal: Aspirancy is the time to present an overview of what it means to live out and understand the charism and spirit of Carmel as a lay person. This includes an introduction to the Order's history and traditions, its legislation and its spirituality within the context of the Catholic Church and the local OCDS community. Aspirancy should assist the candidate and community in the discernment of a vocation.

Duration: Twelve Sessions in a year.

Requirements:

- Participate in monthly meetings of the community
- Participate in monthly aspirancy classes
- Begin a regular time of daily meditative prayer
- Begin to pray at least part of the Liturgy of the Hours
- Participate in daily Mass as far as possible

Outline of Study

Overview of Carmelite spirituality and charism

- Description of Carmelite charism
- Inspired by the teachings of St. Teresa of Jesus
- Introduce centrality of the practice of mental prayer

Nature of OCDS vocation

- Daily life
- Community life
- Identity of Secular Carmelite
- Role of Mary
- Apostolate

Discernment Process

- Mutual discernment – individual and community
- Explanation of discernment process
- Length of process (6 years discernment in total until Definitive Promise)

Overview of Carmelite Prayer

- Vocal prayer
- Liturgy of the Hours
- Mental prayer/meditation/discursive prayer
- Contemplation as understood in the Teresian Carmel

Liturgy of the Hours Instruction

- History of the Liturgy of the Hours
- Nomenclature
- Practice of the Liturgy of the Hours

Organization of the Order/OCDS Legislation

- Organization of the Order
- Rule of St. Albert
- OCDS Constitutions
- OCDS Provincial Statutes of the Washington Province

Spiritual reading/Scripture/Church documents

- Scripture
- Writings of the Carmelite saints
- Church documents

History of the Order

- The Carmelite Order
- The Teresian Carmel
- The Secular Order

Saints of the Order

- Doctors of the Church
- Other saints of the Order

The Ecclesial Dimension: The Teresian Carmel Within the Church

- Carmel is a call within the Christian life
 - The call to all to live a life of holiness according to the Gospel
 - The call to some to follow a specific vocation within the Church (clergy, religious or laity)
 - The call to some of the laity to follow a vocation within a particular Order (such as the Secular Order of Discalced Carmelites)
- Carmel's mission in the Universal Church (Const. 26)
- Apostolic activity is the fruit of prayer

As a candidate completes Aspirancy, s/he must write a letter requesting to move on to the next stage of formation and be interviewed by at least two Council members. The Council must then decide whether to admit the candidate to the next period of formation. If the decision is made to move forward, the Council will then invite the candidate to participate in the Rite of Admission to Formation and to receive the ceremonial Brown Scapular.

Formation for Temporary Promise

Goal: To prepare candidates for making the Temporary Promise through an understanding of the Teresian Carmel, a deeper study and experience of prayer in the Teresian tradition, a detailed study of the OCDS Legislation (Rule of St. Albert, Constitutions, and Statutes) in order to provide a thorough understanding of the promise they are aspiring to make.

Duration: 24 sessions in two years.

Requirements

The candidates will work toward gradually implementing these requirements in their lives, practicing them consistently by the time they make their Promise.

- Attend and participate in monthly community meetings and formation sessions
- Practice meditative/silent prayer daily for at least 30 minutes
- Pray Morning Prayer and Evening Prayer of the Liturgy of the Hours. Night prayer is encouraged.
- Participate in daily Mass as far as possible
- Participate frequently in the Sacrament of reconciliation
- Engage in a daily examination of conscience
- Fast on the vigils of the Carmelite feasts listed in our Statutes
- Wear the small brown scapular or scapular medal daily.
- Participate in the community apostolate

OCDS Legislation (Rule of St. Albert, Constitutions, and Statutes)

The outline represents study of OCDS Legislation (Rule of Albert, Constitutions with its footnotes and Provincial Statutes). The objective is to facilitate integration of the Carmelite way of life within the context of Baptism and the universal call to holiness.

Our Identity, Values and Commitment

- Rule of Albert
- Origins of Carmel
- Fundamental Elements of a Vocation

Following Jesus in the Teresian Secular Carmel

- Theology of the Promise
- Evangelical Counsels
- Beatitudes

Witnesses to the Experience of God

- Prayer Life
- Daily Life
- Community Life
- Liturgical Life: Mass & Liturgy of the Hours

Serving God's Plan

- Individual Apostolate
- Community Apostolate

With Mary, The Mother of Jesus

- Catechesis of the Brown Scapular
- Authentic Marian Devotion in the Teresian tradition
- Authentic Devotion to St. Joseph in the Teresian tradition

Formation in the School of Carmel

- Discerning an OCDS Vocation
- Process of Formation

Organization and Government (Constitutions VII: 37-60 and footnotes and OCDS Provincial Statutes IV)

- International
- National
- Provincial
- Local

The Way of Perfection

The goal of studying the **Way of Perfection** is to become familiar with the purpose of Teresian Carmel, identify the foundations of prayer and explore the diversity of paths and practical insights on prayer as presented by St. Teresa of Jesus. Her writing of the **Way of Perfection** is an excellent introduction to the understanding of Teresian Carmelite spirituality and its main element of contemplative prayer. Through the sharing of her own experiences, Teresa explains the fundamental elements of prayer, while giving counsel on the weakness of the human condition and its struggles in prayer as one ascends the mountain of Carmel to seek Divine Union with the "One Whom we know loves us".

Way of Perfection

- Overview of life of St. Teresa of Jesus
- Teresa's vision for Discalced Carmelite way of life
- Life of Prayer

Requirements to make the Temporary Promise:

- At the invitation of the Council, and after completing 24 sessions, the Council interviews the candidate.
- At the time of the interview, a letter of intent is submitted. The candidate's letter of intent states why s/he feels prepared and wants to make the Temporary Promise.
- The Council must then discern whether to admit the person to the Temporary Promise or recommend that the person continue an additional year of initial formation. Input from the Director of Formation and the Formation Team is highly recommended as part of the discernment process.

Formation for Definitive Promise

Goal:

To prepare candidates for making the Definitive Promise through a deeper immersion in the spiritual tradition of Teresian Carmel as exemplified by the Carmelite Doctors of the Church: St. Teresa of Jesus, St. John of the Cross, and St. Therese of the Child Jesus and the Holy Face. The candidate will work to integrate this Carmelite spirituality into their lives as lay persons.

Duration: 36 sessions in 3 years.

This can be extended for 3 years. (Provincial Statutes III, #38)

Requirements:

The candidate(s) will strive to maintain consistency and regularity in the practices begun in the prior levels of formation.

- Attend and participate in monthly community meetings and formation sessions
- Practice meditative/silent prayer daily for at least 30 minutes
- Pray Morning Prayer and Evening Prayer of the Liturgy of the Hours. Night prayer is encouraged.
- Participate in Daily Mass as far as possible
- Participate frequently in the Sacrament of Reconciliation
- Engage in a daily examen of conscience
- Fast of the vigils of the Carmelite feasts listed in the Provincial Statutes
- Wear the brown scapular or scapular medal daily
- Participate in the community apostolate
- Share in the duties and responsibilities of the community as designated by the local council

St. Teresa of Jesus: *The Interior Castle* (one year)

The Interior Castle (Study Edition) is studied throughout this year of formation. It is read as Teresa's mature teaching on the life of prayer, her last book. Fr. Kavanaugh's introduction, summaries, notes, and glossary provide organizational helps and background information to assist in personal reading and group discussion.

St. Therese of the Child Jesus and the Holy Face: *Story of a Soul* (one year)

The Story of a Soul (Study Edition) is read and studied throughout this year of formation. It is studied as the major document we have from Therese's own hand describing her life and spirituality. The Study Edition will help to provide additional background and context to Therese's writing.

St. John of the Cross: **His Writings and Spiritual Teaching** (one year)

This year of formation is built around **The Ascent of Mount Carmel: Reflections** by Fr. Marc Foley, O.C.D. The candidate is thus introduced to a broad spectrum of the spiritual journey, and wisdom for living it, as taught by St. John. It is expected that compatible selected chapters from **The Collected Works of St. John of the Cross** and the **Bible** would be read to accompany the brief selections to give additional breadth and context.

Requirements to Make the Definitive Promise:

- a. The Formation Director interviews the candidate and reviews the theology of the Promise
- b. At the invitation of the Council and after the candidate has completed 36 sessions, the Council interviews the candidate.
- c. At the time of the interview, a letter of intent is submitted. The candidate's letter of intent states why he/she feels prepared and wants to make the Definitive Promise.
- d. The Council must then discern whether to admit the person to the Definitive Promise or recommend that the person continue an additional period of time not exceeding 3 years. (Provincial Statutes III, #38)
- e. Input from the Director of Formation and the Formation team is highly recommended as part of the discernment process.

Ongoing Formation

It is the responsibility of the local council and each definitively professed member to assure that definitively professed members receive and participate in Ongoing Formation with other community members. Such formation involves a lifelong study of solid spiritual material that will enhance our Carmelite vocations, offering us opportunities to share, live and grow in accord with God’s grace and the insights received from each other.

It is important to frequently return to foundational materials: the major writings of our Carmelite Doctors of the Church and to Church documents. In addition, sampling the writings of our Carmelite Saints and exploring recent scholarship on Carmelite topics can be helpful.

The following list of resources is provided as an aide and is by no means exhaustive. Beyond print materials there is a wealth of resources on CD. The needs of individual communities will dictate how the resources listed below might be used. [Note: If the resource is an Institute for Carmelite Studies (ICS) publication, no author or publishing year is noted, as that information can be found on the website: www.icspublications.org.]

The Carmel Clarion	
	The Carmel Clarion issues are published with an annual theme. Back issues of the Carmel Clarion are a good source of topics to be considered for Ongoing Formation. For a complete Clarion Subject Index of articles and themes, refer to www.flowerofcarmel.org .
Church Documents	
	<p><i>Christifideles Laici</i>: The Lay Members of Christ’s Faithful People</p> <p><i>Apostolicam Actuositatem</i>: Decree on the Apostolate of the Laity</p> <p><i>Marialis Cultus</i>: On the Right Ordering and Development of Devotion to the Blessed Virgin Mary</p> <p><i>Lumen Gentium</i>: Dogmatic Constitution on the Church</p> <p><i>Gaudium et Spes</i>: On the Church in the Modern World</p> <p><i>Novo Millennio Ineunte</i>: At the Beginning of the New Millennium</p> <p><i>Redemptoris Mater</i>: Mother of the Redeemer</p> <p><i>Redemptoris Custos</i>: Guardian of the Redeemer (St. Joseph)</p> <p><i>Dei Verbum</i>: Dogmatic Constitution on Divine Revelation</p>
Catechism	
	<p>Catechism of the Catholic Church</p> <p>Compendium of the Catechism of the Catholic Church by Pope Benedict XVI</p>

History of the Order and Spirituality	
	<p>OCDS Constitutions with companion footnotes. (Footnotes provide an excellent framework to the study of Church Documents)</p> <p>Welcome to the Secular Order of Discalced Carmelite (ICS)</p> <p>Journey to Carith: The Sources and Story of the Discalced Carmelites (ICS)</p> <p>The Carmelite Tradition: Spirituality in History by Steven Payne, OCD. (Liturgical Press, 2011)</p> <p>Carmelite Spirituality in the Teresian Tradition (ICS)</p> <p>Desert Springs in the City: A Concise History of the Carmelite Order by Leopold Glueckert, O.Carm. (Carmelite Media, 2012)</p> <p>The Scapular of Our Lady of Mount Carmel: Catechesis and Ritual (ICS)</p> <p>The Springs of Carmel: An Introduction to Carmelite Spirituality by Peter Slattery, O.Carm. (Alba House, 1991)</p> <p>The Carmelite Way: An Ancient Path for Today’s Pilgrim by John Welch, O.Carm. (Paulist Press, 1996)</p> <p>Finding the Mystic Within You (ICS)</p> <p>I Am A Daughter of the Church: A Practical Synthesis of Carmelite Spirituality by Père Marie-Eugene, OCD. (Thomas More Publishing, 1998)</p> <p>I Want to See God: A Practical Synthesis of Carmelite Spirituality by Père Marie-Eugene, OCD. (Thomas More Publishing, 1998)</p> <p>Fire Within by Thomas Dubay, SM. (Ignatius Press, 1990)</p>
Prayer & Liturgy of the Hours	
	<p>Christian Prayer: The Liturgy of the Hours, “General Instruction of the Liturgy of the Hours”</p> <p>The School of Prayer: An Introduction to the Divine Office for All Christians by John Brook (Liturgical Press, 1991)</p> <p>Making Holy the Day: A Commentary on the Liturgy of the Hours by Charles E. Miller, CM. (Catholic Book Pub. Co., 1975)</p> <p>Lectio Divina and the Practice of Teresian Prayer (ICS)</p> <p>Awakening to Prayer (ICS)</p> <p>Conversation with Christ: The Teachings of St. Teresa of Avila about Personal Prayer by Peter Rohrbach, OCD. (TAN, 2009)</p> <p>Essence of Prayer by Ruth Burrows, OCD. (Hidden Spring, 2006)</p> <p>Upon This Mountain: Prayer in the Carmelite Tradition by Mary McCormack, OCD. (Teresian Press, 2009)</p> <p>Carmelite Prayer: A Tradition for the 21st Century by Keith Egan, TOC. (Paulist Press, 2003)</p>

St. Teresa of Jesus	<p> The Book of Her Life (In Collected Works, Vol. 1, ICS) The Way of Perfection (In Collected Works, Vol. 2, ICS) The Book of Her Foundations (In Collected Works, Vol. 3, ICS) The Interior Castle (In Collected Works, Vol. 2, ICS) Spiritual Testimonies (In Collected Works, Vol. 1, ICS) Collected Letters of St. Teresa: Vols. 1 & 2 (ICS) Poetry (In Collected Works, Vol. 3, ICS) “I Consider the Labor Well Spent”: A Mini-Course on the Interior Castle by Joel Giallanza, CSC. (Carmelite Media, Tucson, AZ) St. Teresa of Avila: 100 Themes on Her Life and Work (ICS) Interior Castle Explored by Ruth Burrows, OCD. (Hidden Spring, 1981, 2007) Where Lovers Meet: Inside the Interior Castle (ICS) Distractions In Prayer: Blessing or Curse? St. Teresa of Avila’s Teachings in the Interior Castle by Sr. Vilma Seelaus, OCD. (Alba House, 2005) From Ash to Fire: A Contemporary Journey Through the Interior Castle of Teresa of Avila by Carolyn Humphreys, OCDS. (New City Press, 1995) Carmelite Studies IX: The Heirs of St. Teresa of Avila (ICS) </p>
St. John of the Cross	<p> Collected Works of St. John of the Cross (ICS) includes: The Ascent of Mount Carmel, The Dark Night, The Living Flame of Love, and The Spiritual Canticle John of the Cross: The Ascent to Joy edited by Marc Foley, OCD. (New City Press, 2008) The Contemporary Challenge of John of the Cross: An Introduction to His Life and Teaching (ICS) The Practice of Contemplation According to John of the Cross (ICS) Ascent to Love: The Spiritual Teaching of St. John of the Cross by Ruth Burrows, OCD. (Dimension Books, 2006) When Gods Die: An Introduction to John of the Cross by John Welch, O.Carm. (Paulist Press, 1990) The Footprints of Love: John of the Cross as Guide in the Wilderness by Hein Blommestijn, Jos Huls, Kees Waaijman, O.Carm. (Peeters, 2001) My Only Friend Is Darkness: Living the Night of Faith with St. John of the Cross (ICS) Union With God According to St. John of the Cross by Gabriel of St. Mary Magdalen, OCD. (Carmel of Regina Maria, Eugene, OR; 1990) The Ascent of Mount Carmel: Reflections (ICS) </p>

St. Therese of the Child Jesus and the Holy Face	
	<p>Story of a Soul: The Autobiography of St. Therese of Lisieux (ICS) The Letters of St. Therese of Lisieux, Vols. 1 & 2 (ICS) The Prayers of St. Therese of Lisieux (ICS) St. Therese of Lisieux: Her Last Conversations (ICS) With Empty Hands: The Message of Therese of Lisieux (ICS) The Love That Keeps Us Sane: Living the Little Way of St. Therese of Lisieux by Marc Foley OCD. (Paulist Press, 2000) The Poetry of St. Therese of Lisieux (ICS) The Context of Holiness: Psychological and Spiritual Reflections on the Life of St. Therese of Lisieux (ICS) The Story of a Life: St. Therese of Lisieux by Guy Gaucher, OCD. (Harper, 1993) The Passion of Therese of Lisieux by Guy Gaucher, OCD. (Crossroad Publishing, 1998) Therese, The Little Child of God’s Mercy: Her Spiritual Itinerary in Light of Her Autobiographical Manuscripts (ICS) John and Therese: Flames of Love by Guy Gaucher, OCD. (Alba House, 1999) Maurice and Therese: The Story of a Love by Patrick Ahern. (Image, 2001) Holiness for All: Themes from St. Therese of Lisieux by Aloysius Rego, OCD. (Teresian Press at Oxford, 2009)</p>
Other Saints and Blesseds of the Order	
	<p>Brother Lawrence of the Resurrection</p> <ul style="list-style-type: none"> • Writings and Conversations on the Practice of the Presence of God (ICS) • Practicing the Presence of the Living God: A Retreat with Br. Lawrence (ICS) <p>St. Teresa Benedicta of the Cross</p> <ul style="list-style-type: none"> • Edith Stein: The Life of a Philosopher and Carmelite (ICS) • Life in a Jewish Family (ICS) • Self-Portrait in Letters (ICS) • Finite and Eternal Being (ICS) • The Science of the Cross (ICS) • The Hidden Life (ICS)

Other Saints and Blesseds of the Order (Continued)	
	<p>St. Teresa of Jesus of the Andes</p> <ul style="list-style-type: none"> • God, the Joy of My Life: A Biography of St. Teresa of Jesus of the Andes by Michael Griffin, OCD. (Ignatius Press, 1995) • Letters of St. Teresa of Jesus of the Andes by Michael Griffin, OCD. (Teresian Charism Press, 1994) • A New Hymn to God: Testimonies to St. Teresa of Jesus of the Andes by Michael Griffin, OCD. (Teresian Charism Press, 1995) • God is All Joy: The Life of St. Teresa of the Andes (ICS)
	<p>Bl. Elizabeth of the Trinity</p> <ul style="list-style-type: none"> • The Complete Works, Volumes 1 & 2 (ICS) • He is My Heaven: The Life of Elizabeth of the Trinity (ICS) • Two Sisters in the Spirit: Therese of Lisieux and Elizabeth of the Trinity by Hans Von Balthasar. (Ignatius, 1998) • Light, Love, Life: Photo Album (ICS)
	<p>St. Teresa Margaret Redi</p> <ul style="list-style-type: none"> • God is Love (ICS) • From the Sacred Heart to the Trinity (ICS)
	<p>Carmelite Martyrs of Compiègne</p> <ul style="list-style-type: none"> • To Quell the Terror (ICS)
	<p>St. Elijah</p> <ul style="list-style-type: none"> • Elijah, Prophet of Carmel (ICS) • Prophet of Fire by Kilian Healy, O.Carm. (Carmelite Media, Tucson, AZ) • The Sound of Silence: Listening to the Word of God with Elijah the Prophet by Joseph Chalmers, O.Carm. (Carmelite Media, Tucson, AZ)
	<p>St. Mary of Jesus Crucified</p> <ul style="list-style-type: none"> • Mariam, the Little Arab by Ameldele Brunot. (Carmel of Maria Regina, Eugene, OR; 1984)
	<p>Père Jacques de Jésus</p> <ul style="list-style-type: none"> • Pere Jacques: Resplendent in Victory (ICS) • Listen to the Silence: A Retreat With Père Jacques (ICS)
	<p>St. Raphael Kalinowski</p> <ul style="list-style-type: none"> • St. Raphael Kalinowski: An Introduction to His Life and Spirituality (ICS)

Blessed Virgin Mary & St. Joseph	
	<p>Mary</p> <ul style="list-style-type: none"> • Our Lady of the Place: Mary in the History and the Life of Carmel by Emanuele Boaga, O.Carm. (Carmelite Media, Tucson, AZ) • Mary, Mother of Carmel, Vols. 1 & 2 by Redemptus Valabek, O.Carm. (Carmelite Media, Tucson, AZ) • Mary the Contemplative by Joseph Chalmers, O.Carm. (Carmelite Media, Tucson, AZ) <p>St. Joseph</p> <ul style="list-style-type: none"> • Spiritual Reflections on St. Joseph by Michael Griffin, OCD. (Teresian Charism Press)
Rule of St. Albert	
	<p>The Mystical Space of Carmel: A Commentary on the Carmelite Rule (Fiery Arrow) by Kees Waaijman, O.Carm. (Peeters, 1999)</p> <p>A Pattern for Life: The Rule of St. Albert and the Carmelite Laity by Patrick McMahon, O.Carm. (Carmelite Media, Tucson, AZ)</p> <p>The Carmelite Rule: Proceedings of the 2005 Lisieux Conference. (Edizioni Carmelitane, 2008) [Carmelite Media, Tucson, AZ]</p>

The following are some of the online resources for purchasing Carmelite literature:

- Institute of Carmelite Studies: www.icspublications.org
ICS Publications
2131 Lincoln Road, NE
Washington, DC 20002-1199
Phone: 202-832-8489 or 800-832-8489
- Carmelite Media: www.co-store.com/carmelitemedia
Carmelite Media
1540 E. Glenn St.
Tucson, Arizona 85719
Phone: 520-325-1537x117
Fax: 520-318-4651
- **Amazon:** www.amazon.com
- **Carmelite Book Service:** www.carmelite.org.uk
Boars Hill, Oxford
OX1 5HB, UNITED KINGDOM
TEL: 01865 730183
FAX: 01865 326478.
[This site is a source of the **Discalced Carmelite Proper Offices** for the Liturgy of the Hours, until the **Carmelite Proper of the Liturgy of the Hours** is again available.]
- Carmelite Shoppe: www.carmeliteshoppe.com
Carmelite Shoppe
1576 Independence Drive
Northfield, MN 55057